



## INSIGHTS BRIEF

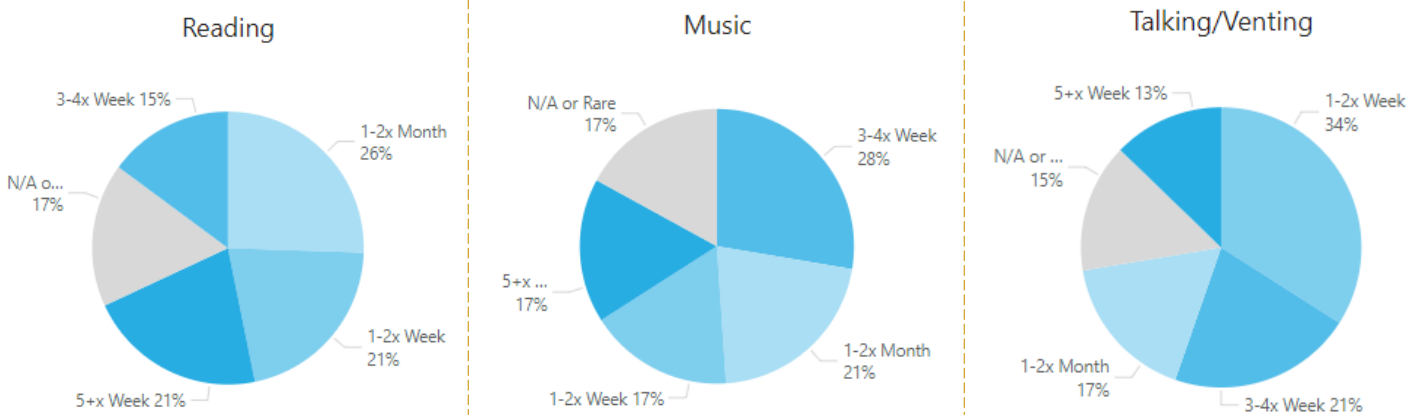
### Setting an Ambiance for Health and Healing

#### OVERVIEW

When people are coping with unpleasant situations, most of them prefer to read, listen to music, or talk to others/vent. This shows the importance of having appropriate literature, relaxing and positive music to improve ambiance, and inviting and comfortable lounge areas. Whether it's a hospital, counseling program, small church group, or even a prison, considering an environment that includes thoughtful books strategically placed throughout the room, soft background music, and comfortable seating arrangements that encourage social interaction can inspire health and healing.



#### DATA



Wholistic Health Assessment © Dashboard

