











WHOLISTIC HEALTH ASSESSMENT ©

AVERAGE SCORES

3 TRAUMA

8 PHYSICAL HEALTH

15 MENTAL HEALTH

7 SPIRITUAL HEALTH

6 COPING MECHANISM

17 OUTLOOK ON LIFE

54 TOTAL SCORE





WHOLISTIC HEALTH PROGRAM ©

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This has truly helped me and my family, thank you so much!

This is really for anyone, not just people with diagnoses.

I can tell so much time and effort went in this, it's really good!

When I fast it's the most spiritual time of my life, I'm grateful this program helped me get back to that.

Little do you know I actually needed this program. I was a broken vessel who needed it!

90%
Participants Have Improved Scores

USE THE PROGRAM

info@OutcomesExcellence.org